

# WHEN IT'S MORE THAN JUST A NIGHT OUT

Drug or alcohol dependence is a disease. Knowing you or someone you care for needs help is a sign of strength.

Addiction doesn't discriminate. If you are struggling, you are not alone. There's support to help you take back your health—and life.

## STOP THE STIGMA. START THE CONVERSATION.

Call [NAME OF ASSOCIATION]  
at (123) 456-7890 or visit  
[amenityhealth.com](http://amenityhealth.com).



FOR 24/7 CONFIDENTIAL SUPPORT,  
CALL TEXT OR CHAT 988.



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HEALTH