

# Networks and Flex Programs: "Better Together!"

### The Center's Purpose

The National Rural Health Resource Center (The Center) is a nonprofit organization dedicated to sustaining and improving health care in rural communities. As the nation's leading technical assistance and knowledge center in rural health, The Center focuses on five core areas:

- Transition to Value and Population Health
- Collaboration and Partnership
- Performance Improvement
- Health Information Technology
- Workforce



### Rural Health Innovations' Purpose

Rural Health Innovations (RHI), LLC, is a subsidiary of the National Rural Health Resource Center (The Center), a non-profit organization. Together, RHI and The Center are the nation's leading technical assistance and knowledge centers in rural health. In partnership with The Center, RHI connects rural health organizations with innovations that enhance the health of rural communities.



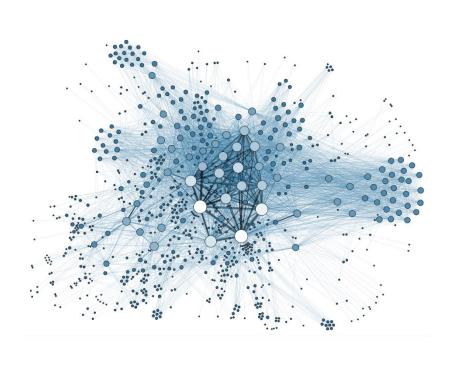


### Objectives

- Gain a mutual understanding of Networks and their purpose
- Recognize the similarity between Networks and the Flex Core Competency: Build and Sustain Partnerships
- Gain an awareness of CAH networks and partnerships around the country.
- Explore ways to successfully build "networks" within your state



#### What is a network?



- We think about Networks in two ways:
- Networks (big N)
- networks (little n)



### The Role of Networks in the Changing Health Care Landscape

- Serve in a leadership capacity
- Facilitate continuous planning
- Convene and engage stakeholders
- Identify and provide meaningful education
- Connect resources
- Collect, analyze, and act on data



# Partnerships: Convening, Engaging, Building, and Sustaining

# Network Role: Convene and Engage Stakeholders

- Enable ease of member participation
- Build trust with consistent opportunities for dialogue
- Establish neutrality and encouraging collaboration
- Educate members on benefits of being part of a network

# Flex Competency: Build and Sustain Partnerships

- Communicate effectively
- Develop partnerships
- Network
- Facilitate conversations and relationships
- Act as a leader and build trust
- Knowledge of and leveraging available resources



### Flex Program Core Areas

- 1. Critical Access Hospital (CAH)Quality Improvement
- 2. CAH Operational and Financial Improvement
- 3. CAH Population Health Improvement
- 4. Rural EMS Improvement
- 5. Rural Innovative Model Development
- 6. CAH Designation



### Networks Working with their State Flex Program

Examples of CAH networks currently working with their state Flex Programs:

- North Dakota CAH Quality Network
- Eastern Washington: Northwest Rural Health Network
- Illinois Critical Access Hospital Network
- Eastern Montana Chronic Care Consortium
- Rural Wisconsin Health Cooperative



### Illinois Critical Access Hospital Network

Focus: Quality Improvement





### North Dakota CAH Quality Network

Focus: Quality Improvement





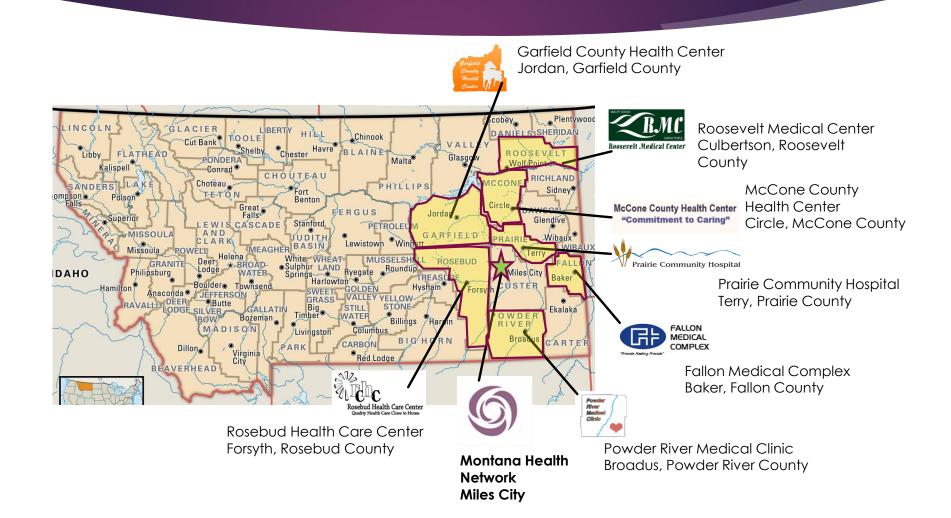




EM3C REGIONAL CARE COORDINATION

# Eastern Montana Chronic Care Consortium (EM3C)

#### EM3C Service Area



#### Eastern WA Northwest Rural Health Network

Focus: Innovative Health Care Models





### Rural Wisconsin Health Cooperative

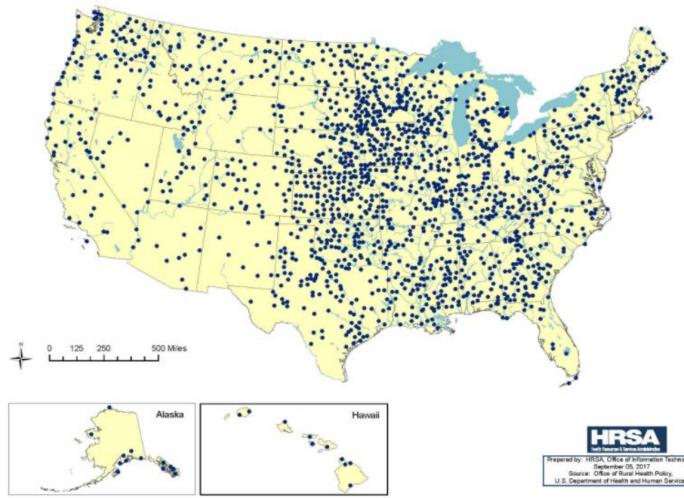


Rural Wisconsin Health Cooperative (RWHC) has been providing affordable and effective services to healthcare organizations since 1979. RWHC is owned and operated by forty-three, rural acute, general medical-surgical hospitals. The Cooperative's emphasis on developing a collaborative network among both freestanding and system affiliated rural hospitals distinguishes it from alternative approaches. RWHC offers a variety of programs and services to its members as well as to other clients across the nation.



# Small Rural Hospital Improvement Program (SHIP)

#### FY 2017 Small Rural Hospital Improvement Program Hospitals





#### **SHIP Activities**

- Funding
- Education
- Efficiency training
- Equipment
- Quality improvement
- ACOs
- Payment reform



### SHIP Partnerships

- Texas
- Georgia
- South Carolina
- Idaho
- Wisconsin
- New Mexico
- Washington
- Pennsylvania
- Mississippi



Pulling a group of your CAHs together for the first time may be easy enough. But it is keeping them together that is the challenge.



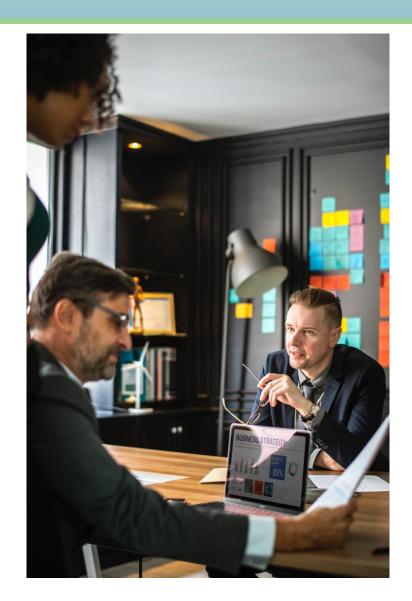
Each person at the table must see the benefit. The "what's in it for them". It must be from their perspective, not yours or what you think.



# Needs Through Wants





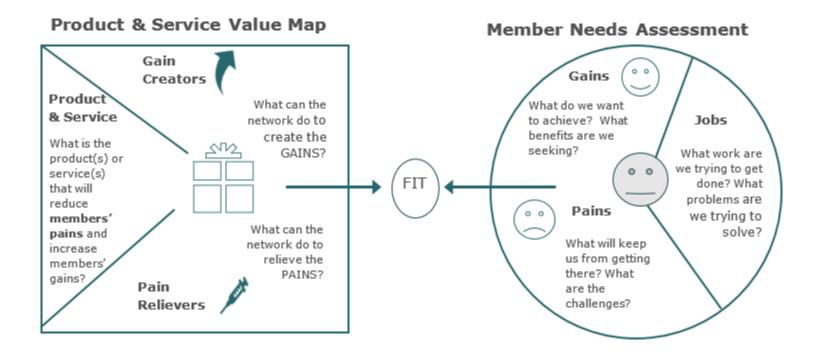


"What's in it for them"

Getting at their needs through their wants

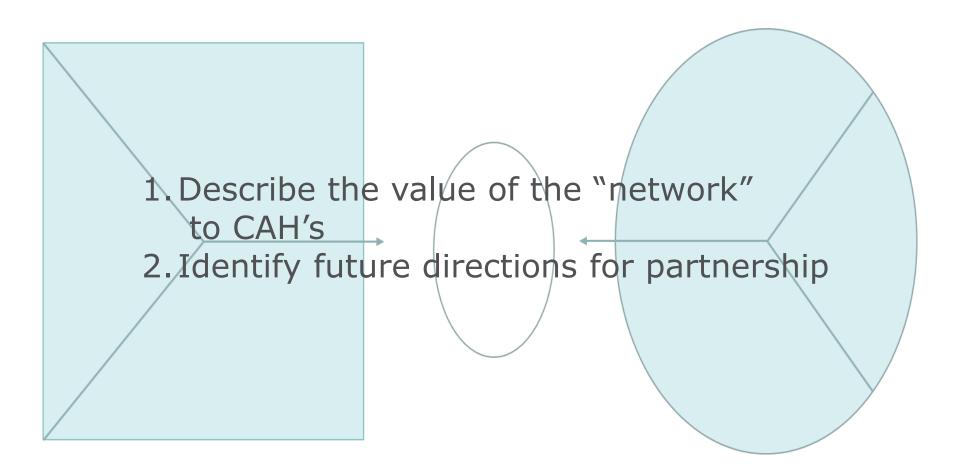


### Product and Service Designer Tool



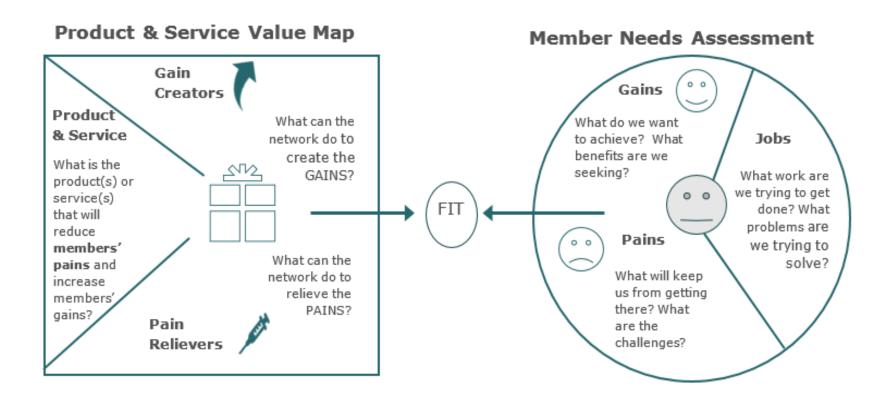


## Product and Service Designer Continued





### Product and Service Designer

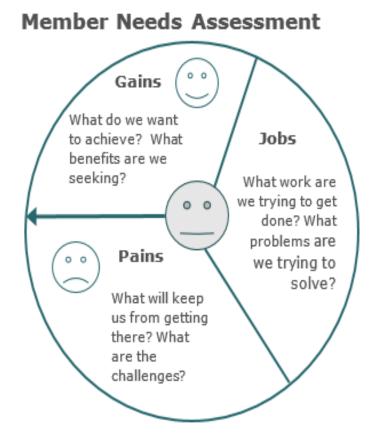




#### Member Needs Assessment

#### Member Jobs

- Member Pains
- Member Gains



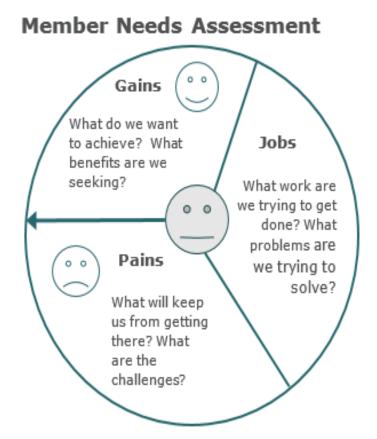


#### Member Needs Assessment

Member Jobs

#### Member Pains

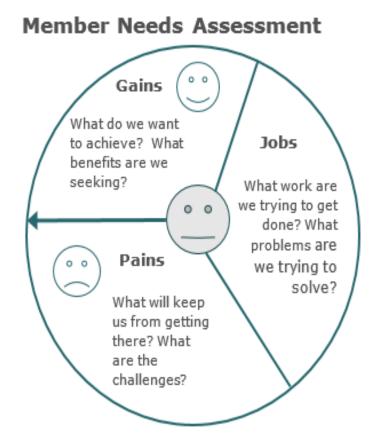
Member Gains





#### Member Needs Assessment

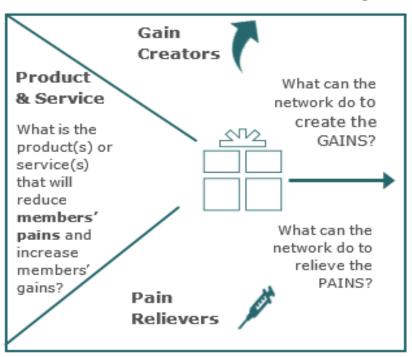
- Member Jobs
- Member Pains
- Member Gains





## Product and Service Value Map

#### Product & Service Value Map

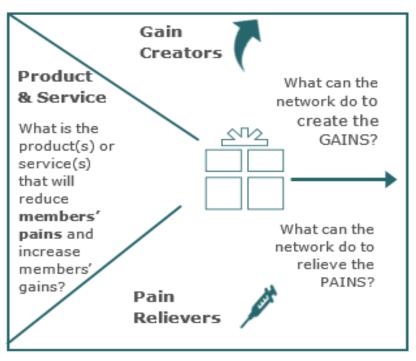


- Gain Creators
- Pain Relievers
- Product or Service



## Product and Service Value Map

#### **Product & Service Value Map**

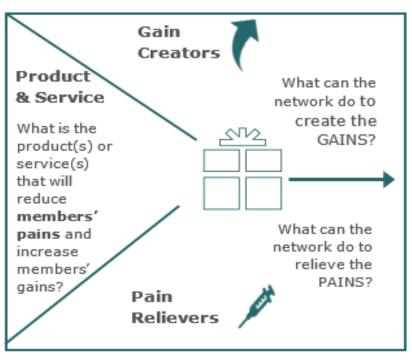


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## Product and Service Value Map

#### Product & Service Value Map

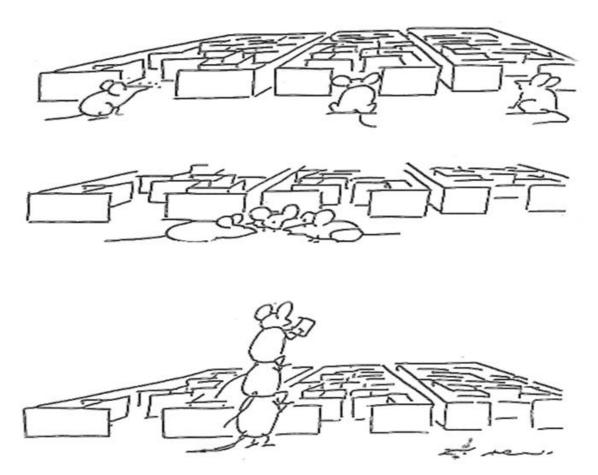


- Gain Creators
- Pain Relievers
- Product or Service



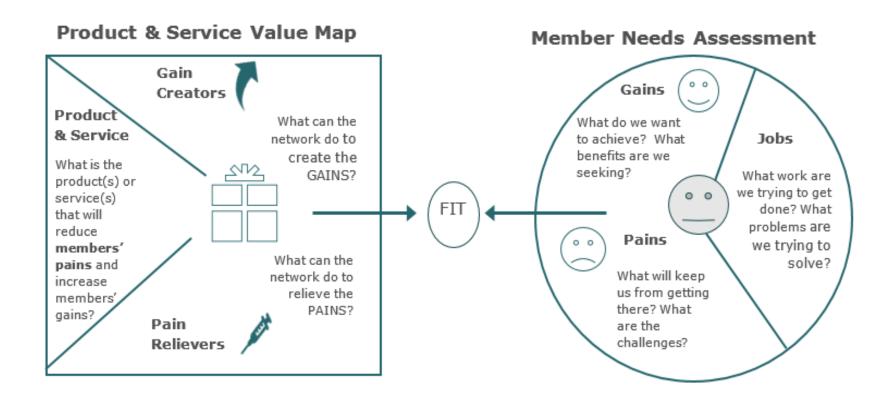
## Better Together

You know that your CAH's working together





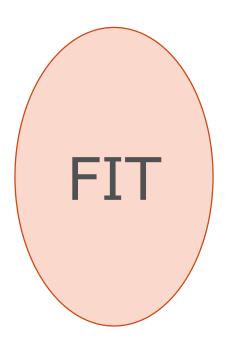
### Product and Service Designer





### Fit

### **Needs through wants**







#### How to do this

RHI Home > Network TA > Development > Network Development Webinars > Project Marketing Plan Toolkit

#### **Project Marketing Plan Toolkit**

#### **Event Details**

m Thursday, August 16, 2018

2:00pm CST

Host: Rural Health Innovations (RHI)

#### Downloads & Links

△ Slide Deck (PDF Document - 41 pages)

☐ Guide (PDF Document - 20 pages)

M Appendix (Word - 7 pages)

Appendix (PDF Document - 7 pages)

Marketing Plan Template (Word - 13 pages)

Marketing Plan Template (PDF Document - 13 pages)

M Product and Service Designer (Word - 8 pages)

Product and Service Designer (PDF Document - 8 pages)

A Sample #1 Marketing Plan (PDF Document - 10 pages)

△ Sample #1 Product & Service Designer (PDF Document - 8 pages)

Sample #2 Marketing Plan (PDF Document - 10 pages)

△ Sample #2 Product & Service Designer (PDF Document - 9 pages)

- Project Marketing Plan Toolkit (Adobe Flash)
- # Podcast (Listen via iTunes)
- Podcast (Listen via Google Play)
- Podcast (Listen in browser)

Your network has already created a strategic plan for your grant project and an evaluation plan allowing you to gauge progress toward your goals. At this point in your project, it's the right time to continue your network's path to sustainability by developing a marketing plan.

While we often think of marketing only as spreading a message, it goes far beyond that. Through the work of creating a marketing plan you'll build a thorough understanding of

#### Development

Network Development Webinars

Project Marketing Plan Toolkit

#### Allied Health

Allied Health Webinars

Network Aim for Sustainability Portal

Leadership

Collaboration

Member Driven

**Evaluation and Measurement** 

Communication

Financial Infrastructure

Workforce and Culture

Process and Operations

Networking News

**Network Spotlights** 

About Network TA



#### **Related Collections**

The following collections feature this content:

#### COLLECTION

#### Member Driven

This collection of member-driven resources can help rural health network leaders incorporate the needs and wants of their members and partners into the development of network services and products. Understanding what members value and delivering this value are both key to network sustainability.



Upcoming Events

<u>https://www.ruralcenter.org/rhi/network-</u>
<u>ta/development/webinars/project-marketing-plan-toolkit</u>



### **Network Spotlights**

**SERVICES** 

**PROGRAMS** 

**EVENTS** 

RESOURCE LIBRARY

**ABOUT** 

RHI Home > Network TA > Network Spotlights

#### **Network Spotlights**

Each month, RHI features a grantee of the Network Development, Allied Health, or HIT Workforce rural health network grant programs funded by the Federal Office of Rural Health Policy (FORHP), Health Resources and Services Administration (HRSA). Network leaders share insights and best practices based on their experiences forming and developing rural health networks.

#### NETWORK SPOTLIGHT

#### Network Spotlight: Arizona Rural Women's Health Network

Ctober 2017

The Arizona Rural Women's Health Network builds partners' capacity to cultivate and promote innovative policies, practices, and services that improve the health of women in Arizona.

#### NETWORK SPOTLIGHT

#### Network Spotlight: Indiana Rural Workforce Innovation Network

m September 2017

IRWIN strives to become a sustainable, rural-focused workforce network that recruits motivated students, delivers allied health professions' education and training, facilitates meaningful clinical rotations, and places graduates in rural allied health professions' jobs.

#### NETWORK SPOTLIGHT

#### **Network Spotlight: North Dakota Critical Access Hospital Quality**

#### Network

August 2017

The North Dakota <u>CAH</u> Quality Network serves as a platform for all critical access hospitals in North Dakota and provides ongoing performance

#### Development

Network Development Webinars

#### Allied Health

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### Sustainability Toolkit

Sustainability is... the ability to achieve desired outcomes and maintain the ability to do so over time.



Complete Assessment >

Use the Network Sustainability Assessment to increase the long-term impact of your network. It is a performance improvement tool that measures indicators of a sustained network. The assessment uses a validated set of questions identified by over 100 network peers. The 2018 study's final report provides additional background information.

Your assessment results will help your network meet its goals and maintain its ability to do so over time. The priorities identified act as a framework to allow you to focus your efforts. Watch this <u>webinar</u> for more history and background.



#### **Assess Your Network**

Complete the assessment. Identify strengths and opportunities for improvement. Receive a list of rural-relevant, network-oriented resources tailored to your results. These resources will help strengthen and build capacity of your network.



#### Find Solutions

**Build skills and knowledge.** Find relevant and helpful resources to gain critical knowledge and build your skills as a network leader.

Resources and Tools



#### Be Inspired

Innovate through network stories and case studies. Spotlights of rural health networks that are making a difference in their communities. Find insights and opportunities for innovation that move you toward a sustainable network.

https://www.ruralcenter.org/rhi/network-ta/sustainability-toolkit



### Network Aim for Sustainability Portal

ABOUT SERVICES **PROGRAMS EVENTS** RESOURCE LIBRARY RHI Home > Network TA > Network Sustainability Toolkit > Resources and Tools Development Network Development Cohort Group Calls **Resources and Tools** Network Development Webinars Allied Health Allied Health Webinars The Network Aim for Sustainability collection of resources provides a filtered list of relevant Network Sustainability Toolkit and pertinent education, tools and resources that aim rural health networks toward Rural Health Network Sustainability Assessment sustainability. **Resources and Tools** Collaborative Leadership Since the fall of 2012, Rural Health Innovations (RHI), working through Health Resources and Services Administration's (HRSA's) Federal Office of Rural Health Policy (FORHP) contracts, has Member Driven provided technical assistance to over 250 rural health networks. We have provided direct **Evaluation and Measurement** support to network leaders across the country, held knowledge-sharing summits and delivered Communication capacity-building workshops, education and resources. Our knowledge and understanding of Financial Infrastructure rural health network, coupled with a systems approach and the Baldrige Performance Excellence Workforce and Culture Framework, has led to the development of this portal of resources. Process and Operations Networking News The portal is a compilation of eight topics identified through a study of network sustainability Network Spotlights factors that defined the six key characteristics of a sustained network plus two additional About Network TA Baldrige components that are focused on workforce and operational ideas. · Collaborative Leadership

With these Aim for Sustainability resources, network leaders can build key skills and gain critical

Member Driven DecisionsEffective Communication

· Continuous Improvement

· Culture to Change-Ready and Adaptable Workforce

On-going Evaluation and Measurement
 Sound Financial Infrastructure

https://www.ruralcenter.org/rhi/networkta/sustainability-toolkit/resources-tools



### Networks/Partnerships

- Key to health care transformation
- Meet the needs of the patient
- CAHs being sustainable and helping each other
- Getting work done





#### **Contact Information**

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Get to know us better: <a href="http://www.ruralcenter.org">http://www.ruralcenter.org</a>





